## World Stroke Day 2019 - Report

World stroke day was observed in AIIMS Bhubaneswar on 29<sup>th</sup> October, 2019 with a variety of activities. The day was observed in par with the theme of World Stroke Organization "One in 4 will have stroke, Don't be the one". On this note, the activities organised were broadly aimed at the following:

- 1. Prevention and early identification of stroke for common people and health care workers,
- 2. Management and rehabilitation strategies for victims and care givers of stroke victims.
- 3. Improving knowledge and management skill for health care personnel.

The activities done were centred around these objectives. Mass awareness program on stroke, its epidemiology, risk factors, warning signs, early identification, available management options and importance of seeking medical care was discussed in the form of role play and health education. Medical superintendent, Principal College of Nursing, Faculty members of Department of Neurology and College of Nursing were present. More than 150 public attended the mass awareness program conducted in the OPD foyer of AIIMS Bhubaneswar.



Mass awareness program on stroke was also conducted in Andharua Village under PHC Chandaka and CHC Mendhasal. About 30 people attended the awareness program.



Interactive session was arranged with stroke victims and their care givers in Neuro OPD. Problems and complications of patient with stroke its early identification & prevention, need for seeking medical care and available treatment options were discussed. More than 40 stroke victims and their care givers people attended the interactive session.



CME/CNE was conducted in mini auditorium College of Nursing on different aspects of stroke. Pre hospital management of stroke, acute management of stroke and nursing implications, long term management of stroke and nursing implications were discussed. 150 members attended the session including nursing students, nursing officers, medical students, medical and nursing faculty. Experts in the field of stroke form AIIMS, Bhubaneswar and NIMHANS Bangalore spoke on different aspects of stroke care

